# Using the correct car seat or booster seat can be a lifesaver: make sure your child is always buckled in an age- and size-appropriate car seat or booster seat.





#### REAR-FACING CAR SEAT

#### Birth up to Age 2\*

Buckle children in a rear-facing seat until age 2 or when they reach the upper weight or height limit of that seat.



### FORWARD-FACING CAR SEAT

Age 2 up to at least age 5\*
When children outgrow their
rear-facing seat, they should be
buckled in a forward-facing car
seat until at least age 5 or when
they reach the upper weight or
height limit of that seat.



#### **BOOSTER SEAT**

## Age 5 up until seat belts fit properly\*

Once children outgrow their forward-facing seat, they should be buckled in a booster seat until seat belts fit properly. The recommended height for proper seat belt fit is 57 inches tall.



#### **SEAT BELT**

#### Once seat belts fit properly without a booster seat

Children no longer need to use a booster seat once seat belts fit them properly. Seat belts fit properly when the lap belt lays across the upper thighs (not the stomach) and the shoulder belt lays across the chest (not the neck).

#### Keep children ages 12 and under in the back seat. Never place a rear-facing car seat in front of an active air bag.

\*Recommended age ranges for each seat type vary to account for differences in child growth and height/weight limits of car seats and booster seats. Use the car seat or booster seat owner's manual to check installation and the seat height/weight limits, and proper seat use.

Child safety seat recommendations: American Academy of Pediatrics.

Graphic design: adapted from National Highway Traffic Safety Administration.

www.cdc.gov/motorvehiclesafety/cps



Age Group	Type of Seat	General Guidelines
Infants & toddlers	Rear-facing—only     Rear-facing     convertible	All infants and toddlers should ride in a rear-facing seat until they are at least 2 years of age or reach the highest weight or height allowed by their car seat manufacturer.
Toddlers & preschoolers	Convertible     Forward-facing     with harness	Children who have outgrown the rear-facing weight or height limit for their convertible seat should use a <b>forward-facing seat</b> with a harness for as long as possible, up to the highest weight or height allowed by their car safety seat manufacturer.
School-aged children	Booster seats	All children whose weight or height exceeds the forward-facing limit for their car safety seat should use a <b>belt-positioning booster seat</b> until the vehicle seat belt fits properly, typically when they have reached 4 feet 9 inches in height and are 8 through 12 years of age. All children younger than 13 should ride in the back seat.
Older children	Seat belts	When children are old enough and large enough for the vehicle seat belt to fit them correctly, they should always use lap and shoulder seat belts for the best protection. All children younger than 13 years should ride in the back seat.